

Eurotunnel Travel Insurance - Sport & Leisure Activities List

This list is to be used as a guide for activities that have not already been listed in the policy wording. Any activity which is not listed should be referred to Allianz Global Assistance for a decision on cover.

Key

Standard - Covered under standard policy terms

Category X - No cover under this policy

There is no cover for:

- any kind of professional sporting activity, or
- any kind of racing except on foot, or
- any kind of manual work.

If you have any queries please contact Eurotunnel Le Shuttle travel insurance on +44 (0)3457 35 35 35.

Activity	Category
A abseiling (within organiser's guidelines)	Standard
american football	X
animal conservation / game reserve work	X
archery	Standard
athletics	Standard
B badminton	Standard
ballooning - hot air (organised pleasure rides only)	Standard
banana boating	Standard
base jumping	X
baseball	Standard
basketball	Standard
biathlon / triathlon	X
big foot skiing	Standard (with winter sports cover)
big game hunting	X
black water rafting	X
BMX riding - ramps / stunt / obstacle	X
bobsleigh	X
bouldering	X
bowls	Standard
boxing (training only and with no contact)	Standard
boxing	X
bullfighting	X

Activity	Category
B bull running	X
bungee jumping (within organiser's guidelines)	Standard
C camel riding (no personal liability cover)	Standard
canoeing (organised trips, up to grade 2 rivers only not white water)	Standard
canyoning	X
catamaran sailing (if qualified / no personal liability cover / territorial waters only)	Standard
cat skiing	X
caving / pot holing	X
cave tubing / diving	X
clay pigeon shooting (no personal liability cover)	Standard
climbing (free or using ropes and guides)	X
climbing wall	Standard
cricket	Standard
cross channel swimming	X
cross country running	Standard
cross country skiing	Standard (with winter sports cover)
curling	Standard (no need for winter sports cover)
cycling	Standard
D deep sea fishing	Standard
dinghy sailing (no personal liability cover / lake or territorial waters only)	Standard
drag racing	X
dry slope skiing	Standard
E endurance tests	X
elephant riding (no personal liability cover)	Standard
F fell walking (no climbing)	Standard
fell running (no climbing)	Standard
fencing	X
fishing	Standard

	Activity	Category
F	flying (except passengers in licensed passenger carrying aircraft)	X
	football - American	X
	football/soccer (children's club in resorts only)	Standard
	football/soccer (other than children's club in resorts)	X
	free mountaineering/climbing	X
G	gaelic football	X
	game reserve / animal conservation work	X
	glacier skiing	Standard (with winter sports cover)
	glacier walking	Standard (no need for winter sports cover)
	gliding (no cover for crewing or piloting)	X
	go karting (within organiser's guidelines / no personal liability cover)	Standard
	golf	Standard
	gymnastics (no competitions)	Standard
H	handball	Standard
	hang gliding	X
	heli skiing	X
	heptathlon	Standard
	high diving (over 5 metres)	X
	high rope activities (within organisers guidelines)	Standard
	hiking / trekking / walking	See trekking
	hockey (under 16's using plastic sticks)	Standard
	hockey	X
	horse riding (excluding competitions/racing/jumping/hunting/eventing/polo/rodeo)	Standard
	hot air ballooning (organised pleasure rides only)	Standard
	hunting (fox / drag)	X
	hurling	X
	hydrospeeding	X

	Activity	Category
I	ice hockey	X
	ice skating/blade skating (not speed skating)	Standard (no need for winter sports cover)
	ice windsurfing	X
	indoor climbing wall	Standard
J	jet boating (no racing or personal liability cover)	Standard
	jet skiing (no racing or personal liability cover)	Standard
	jousting	X
	judo	X
K	karate	X
	kite buggying	X
	kite surfing	X
	kayaking (organised trips, up to grade 2 rivers only, not white water)	Standard
	kayaking (white water)	X
L	lacrosse	X
	landboarding / mountainboarding	X
	lugeing	X
M	manual work	X
	marathon running (non-professional)	Standard
	marial arts	X
	micro lighting	X
	monoskiing	Standard (with winter sports cover)
	motorcycle, motorbike and scooter riding (only as a mode of transport /rider must have a valid driving licence and wear a crash helmet)	Standard
	motor rallying/motor sport (all types on land or water)	X
	motorbike scrambling/ dirt biking (and any other off-road types)	X
	mountain biking	Standard
	mountainboarding / landboarding	X
	mountaineering (free or using ropes or guides)	X

Activity	Category
N netball	Standard
O off piste skiing and snowboarding (so long as within ski area boundaries of a recognised ski resort and following local ski patrol guidelines)	Standard (with winter sports cover)
orienteering	Standard
P paddle boarding	Standard
paint balling (wearing eye protection / no personal liability cover)	Standard
parachuting	X
paragliding / parapenting	X
parapenting / paragliding	X
parascending / parasailing - over water	Standard
parascending / parasailing - over land	X
polo	X
pony trekking	Standard
pot holing / caving	X
power boat racing	X
professional sports of any kind	X
Q quad biking	X
R racket ball	Standard
rambling	Standard
rap jumping (within organiser's guidelines)	Standard
riding on a luge	X
rifle range shooting (no personal liability cover)	Standard
ringos	Standard
river bugging	X
river tubing (within organiser's guidelines)	Standard
rock climbing	X
rodeo	X
roller hockey	X
roller skating / blading (wearing pads & helmets)	Standard
rounders	Standard
rowing (not racing)	Standard
rugby	X
running including sprinting / long distance / marathon (non professional)	Standard

Activity	Category
S sail boarding / windsurfing	Standard
sailing (if qualified / no personal liability cover / territorial waters only)	Standard
sailing (outside territorial waters)	X
safari trekking in a vehicle (must be organised tour)	Standard
safari trekking on foot (must be organised tour)	Standard
sand boarding	X
sand surfing / skiing	X
sand yachting	X
scrambling motorbikes (including dirt biking)	X
scuba diving to 30m (if you hold a certificate of proficiency or are diving with a qualified instructor / no solo dives)	Standard
scuba diving over 30m	X
sea kayaking	Standard
segway riding	X
shark diving (in the wild, including in a cage)	X
shinty (similar to hockey / lacrosse)	X
shooting (within organiser's guidelines / no personal liability cover)	Standard
skateboarding (wearing pads and helmets / no competitions)	Standard
skeleton sledding	X
skiing (including indoor ski centres)	Standard (with winter sports cover)
ski acrobatics	X
ski dooing (no personal liability cover)	Standard (no need for winter sports cover)
ski-flying	X
ski jumping	X
ski racing	X
ski stunting	X
sky diving / surfing	X

Activity	Category
S sledging - pulled by dogs, horse or reindeer as a passenger	Standard (no need for winter sports cover)
sledging / tobogganing	Standard (no need for winter sports cover)
small bore target shooting (within organiser's guidelines / no personal liability cover)	Standard
snorkelling	Standard
snow-blading	Standard (with winter sports cover)
snowboarding	Standard (with winter sports cover)
snowcat skiing	X
snow mobile (no personal liability cover)	Standard (no need for winter sports cover)
snow tubing	Standard (with winter sports cover)
soccer / football (children's club in resorts only)	Standard
soccer / football (other than children's club in resorts)	X
softball	Standard
speed trails / time trails	X
squash	Standard
street hockey (wearing pads and helmets)	X
surfing	Standard
swimming	Standard
swimming & snorkelling with dolphins, beluga whales, manatees, stingrays, turtles (supervised with animals in captivity or in the wild)	Standard
swimming & snorkelling with sharks (supervised with animals in captivity only)	Standard
T table tennis	Standard
tennis	Standard
ten pin bowling	Standard
time trails / speed trails	X

Activity	Category
T tobogganing / sledging	Standard (no need for winter sports cover)
trekking / walking / hiking - up to 3,000 metres (within organisers guidelines)	Standard
trekking / walking / hiking - 3,001 metres and above (except as shown below)	X
trekking / walking / hiking - Inca Trail / Machu Picchu (within organisers guidelines)	Standard
trekking / walking / hiking - Everest Base Camp /Mount Kilimanjaro	X
triathlon/biathlon	X
trampolining (no competitions)	Standard
tug of war	Standard
V volleyball	Standard
W wake-boarding	Standard
walking / hiking / trekking	See Trekking
war games (not armed forces /no live ammunition / wearing eye protection / no personal liability cover)	Standard
water polo	Standard
water-skiing	Standard
water ski jumping	X
weightlifting	X
white water canoeing	X
white water rafting (within organiser's guidelines up to grade 3 river)	Standard
white water sledging / hydrospeeding	X
windsurfing/sail boarding	Standard
wrestling	X
Y yachting (if qualified / no personal liability cover / territorial waters only)	Standard
yachting (outside territorial waters)	X
Z zip lining (within organiser's guidelines)	Standard
zip-trekking (including over snow)	Standard
zorbing	Standard

Winter Sports Activities

(These activities are also included within the main list above)

Activity	Category
B big foot skiing	Standard (with winter sports cover)
bobsleigh	X
C cat skiing	X
cross country skiing	Standard (with winter sports cover)
curling	Standard (no need for winter sports cover)
G glacier skiing	Standard (with winter sports cover)
glacier walking	Standard (no need for winter sports cover)
H heli skiing	X
I ice hockey	X
ice skating / blade skating (not speed skating)	Standard (no need for winter sports cover)
L lugeing	X
M monoskiing	Standard (with winter sports cover)
O off piste skiing and snowboarding (so long as within ski area boundaries of a recognised ski resort and following local ski patrol guidelines)	Standard (with winter sports cover)
S skeleton sledding	X
skiing	Standard (with winter sports cover)
ski acrobatics	X
ski dooing (no personal liability)	Standard (no need for winter sports cover)
ski flying	X
ski jumping	X
ski racing	X
ski stunting	X

Activity	Category
S sledging - pulled by dogs, horse or reindeer as a passenger	Standard (no need for winter sports cover)
sledging / tobogganing	Standard (no need for winter sports cover)
snow-blading	Standard (with winter sports cover)
snowboarding	Standard (with winter sports cover)
snowcat skiing	X
snow mobile (no personal liability cover)	Standard (no need for winter sports cover)
snow tubing	Standard (with winter sports cover)
speed skating	X
T tobogganing / sledging	Standard (no need for winter sports cover)
Z zip-trekking over snow	Standard (no need for winter sports cover)